

TRAINING REPORT FOR 2018 AGM

Shore-based training was run in January and February covering a variety of subjects by Richard Evans and Richard Jenner. There was some demand for follow up sessions during the summer however other commitments did not allow any to take place.

Certificates. We have issued 30 RYA certificates this year: 17 x dinghy certificates for various stages or levels; 9 x powerboat; 4 x assistant dinghy instructor (a 5th is pending – see below under instructors). This represents a creditable effort from our volunteer instructors.

Instructors. A 2-day course was conducted for aspirant assistant dinghy instructors (ADIs) on Saturdays in March and April and following practice with ‘real’ students, **Calum Pearson, Marisa Astill-Brown** and **Gregor Fisher** have been awarded their ADI certificates; **Kyle Cameron** has also achieved the required standard but will have to wait until his 14th birthday (17 December) to be issued with his certificate. All 4 have made very useful contributions to training this year.

Adult dinghy training uptake for the Level 1 & 2 course was only 2 students. It was decided that as both students were already members, the course should go ahead with the secondary objective of giving the ADIs in training an opportunity to practise on real students (under supervision).

Junior week (16 – 20 July) went well with 11 students (4 new members – all local bar one who was staying on holiday with one of the others). The weather was largely cooperative and as a first, certainly in recent years, 4 students achieved Stage 4 certificates using a combination of Topaz Uno + and the Wanderers. The week generated **30 whole-day duties**. Some of these were covered by parents but the majority by the instructors – **Richard Jenner, Helen Jenner, Richard Evans, Dee Lloyd, Dom Lloyd & Gregor Fisher**. Of note, **David Vincent** (neither a parent of a participant nor an instructor), helped for the entire week and we were given additional support by **Kyle Cameron** and **Oliver Bull** who sailed along with the students.

Powerboat training ran 2 courses in April and August thanks to **Helen Jenner** and **John Crossley**. There were also 2 safety boat skills sessions early in the season.

Race Coaching. 16 sessions were provided between March and September to a mix of adult and junior participants; average attendance 5. The main emphasis was on learning how to make your boat go better and some sailors also learnt about racing rules and tactics. By the end of the season more juniors started to make the transition from Dolphins and we hope to see them making progress at this level next year. There has been a noticeable performance improvement in racing achievements by the more advanced participants. Thanks to the coaches giving their time: **Jack Evans, Thomas Hardie, Magnus Henry** and **Richard Evans** (lead coach).

Dolphins. There were 9 Dolphins evenings although sailing was lost on 2 occasions as it was too windy. The last session on 6 September was the best with 8 sailors.



Coastal Rowing. 'Training' is assisting the lead rowers develop a 2-day training programme for new coxswains which will be delivered this winter as a combination of shore-based and on-the-water activity.

RYA annual inspection was on 24 June and went very well with the only action (to be completed by the next inspection) being to adopt an **Equalities Policy** (this has been drafted and adopted by the Committee). Preparation for this year's inspection was complicated by a totally new RYA inspection document because of GDPR issued just weeks before we were inspected; it should be easier next year!

Programme for 2019. The first PBL2 course will be on 23 & 24 March. We're running a RYA First Aid courses principally for instructor currency on 30 March. There is an early junior Stage 1 dinghy course programmed for 18 & 19 May and Junior Week will be 15 – 19 July.

Long Term. The long-term prospect for the Recognised Training Centre remains tenuous due to a shortage of senior instructors (only 1 active in 2018) and a significant number of key instructors and coaches are now claiming their state pensions. We need volunteers prepared to enter the formal instructor pathway.

Richard Jenner
Training Principal

