

# Training Update



## Upcoming April Highlights for your Diaries

### Race Officer Training:

*Would you like to do your club duties from the relative comfort of the Starter's Box?*

The club is running a Race Officer course, free of charge, on Saturday 20 April from 1000 - 1600. The course is aimed at enabling you to do the Race Officer duty for a standard Wednesday or Sunday racing event. It will cover:

- ⇒ A brief introduction to the RYA Racing Charter
- ⇒ Understanding the club standing sailing instructions
- ⇒ Tips for setting-up the Starter's Box for single handed operation
- ⇒ Use of the Race Officer's equipment including the fixed radio
- ⇒ Course setting
- ⇒ Running a shore line start including how to postpone, re-start and run recalls
- ⇒ How to finish a race
- ⇒ Use of the forms (sign on & off, results)
- ⇒ Calculating the result in long hand and with Sailwave
- ⇒ Dealing with protests
- ⇒ Safety aspects

It's club policy that Race Officers are adults (ie 18 or over) as they have safety responsibilities. However, juniors are welcome to attend the course and act as assistants.

*If you would like a place please contact Richard Jenner on [r.h.jenner@btinternet.com](mailto:r.h.jenner@btinternet.com) or 01463 811080.*

### Start Line Practice:

*New to racing as a sailor? Or have you just learnt how to be a Race Officer?*

On Sunday 21st April there will be an opportunity for novice sailors and novice race officers to practice race starts at 11am before the morning race gets underway.

### Safety Boat Skills:

*Need to brush up your safety skills?*

There is one space left on the session on Sunday 28th April at 10am.

*Contact Helen Jenner ([r.h.jenner@btinternet.com](mailto:r.h.jenner@btinternet.com)) if you are interested.*

### Chanonry Dolphins:

*Are you a junior who has achieved minimum RYA Stage 1 and wants some practice in a safe, supervised session with our friendly instructors?*

Dolphins start up on Tuesday 30th April, gathering at 1830 to be on the water by 1900. Check the calendar for future planned Dolphins sessions. And Parental Power to help out during these sessions is greatly appreciated!

*Contact Marisa ([training@chanonry.org.uk](mailto:training@chanonry.org.uk)) during the preceding week if you would like to participate.*

### Chanonry Champs:

*And just round the corner for those juniors with more experience and perhaps ambitions to compete...*

Chanonry Champs will start on Thursday 2nd May—just warning you so you can get warmed up! Gather at 1830 to be on the water for 1900. Again, Parental Power will be greatly appreciated.

*Contact Richard Evans ([webmaster@chanonry.org.uk](mailto:webmaster@chanonry.org.uk)) for further information.*

## Training Programme Revision

A revised training programme will be out shortly — look out for it on <http://www.chanonry.org.uk/training-programme.html> with an issue date towards the end of March. Main changes to note:

- ◆ Dolphins: session added on 4th June; sessions cancelled on 11th June and 16th July
- ◆ Champs: session added on 6th June; session cancelled on 13th June