

VISITORS' HEALTH & SAFETY BRIEFING

CLUBHOUSE

Risk Assessment. There is a risk assessment (in a Health & Safety folder in the Race Office) for the Clubhouse which identifies a number of hazards similar to a domestic environment. I would draw your attention though to the need to be particularly careful when exiting the building by the front door – you are straight on to the road and un-sighted from traffic from your right.

Fire. There are 2 fire stairs from the upper floor and all doors on the ground floor can be opened from inside without a key. There is a manually initiated alarm with break glass panels by the exit doors including the main exit from the Clubroom. There is an automatic smoke detector in the Clubroom. When initiated, bells sound throughout the club and evacuation lights are illuminated. There are fire extinguishers by all exits on both floors and fire blanket in the kitchen.

Evacuation Assembly Point. The normal assembly point is at the lamppost between the Clubhouse and harbour.

First Aid. The first aid kit is in the Race Office hanging below a dedicated wall mounted cupboard. There is also an accident book in the Race Office – please fill it in if any accident occurs.

Smoking. There is a no smoking policy throughout the Clubhouse

Miscellaneous. Non-members should sign-in each day in the visitors' book kept in the Clubroom (this is for insurance purposes). The key to the balcony door is hanging on the door frame inside the door to the kitchen – lift the handle while locking the door.

DINGHY PARK, HARBOUR & SLIPWAYS

Dinghy park. The dinghy park has tie down wires strung at ankle length. These constitute trip hazards so do look down when moving around boats in the park.

Slipways. There are 2 slipways. The minor slipway is the western one leading directly out from the dinghy park. The main slipway is the eastern slipway accessed from in front of the Clubhouse. Both slipways can be very slippery with weed or stones. The western slipway is very steep and is not recommended with an on-shore breeze. The main slipway has several bends in it. It is Club policy that boats are backed down the slipways without any helpers being 'below' the boats. Please ask for assistance if you do not think you can control your dinghy on the slipway. Please do not block the slipway and recover your trolley to either the grass by the slipway entrance or on the beach above the highwater mark. Do not be tempted to take a dinghy with a mast-up behind the Clubhouse as there is an overhead power cable.

Harbour. Apart from at the corners, the harbour is unfenced so be aware of the edge. The harbour dries (1.7 m above CD) near low water and has a base of concrete or mud. A fall in to the harbour could be fatal.

SAILING AREA

The fixed hazards in the sailing area are Craig an Roan rocks towards Chanonry point marked by a yellow perch. These dry to 1.8 metres above chart datum and the rock hazards extend approximately 10 metres to seaward of the perch. There is also an outfall marked to the west with a yellow perch about 50 metres from the western slipway. Near low water, there may be insufficient depth to sail close to the harbour wall under the Starter's Box and there are mussel beds between the harbour entrance and Craig an Roan rocks that may have insufficient depth to sail over (possibly with a white marker). There are 2 rocks on the fixed start line. There are 40 mooring buoys in 3 lines of trots which may have cruisers moored. There is no passage between the bows of the cruiser and its mooring buoy! Similarly, on vacant moorings, do not attempt to sail between the mooring buoy and its associated pick-up buoy. If attempting passage through the trots, beware that the cruisers can swing suddenly and that there is often a cross-current. Beware that even on a flooding tide, the current can set towards Craig an Roan rocks and Chanonry Point. Finally, the middle of the firth has hidden shallow sandbanks.

SIGN-ON & OFF SHEETS

For all club events there are sign-on and off the water sheets normally available in the Race Office or on the table inside the front door; please ensure you sign-on and off if participating.