SAILING INSTRUCTIONS

RNLI NESS CUP RACE

Long distance race for Cruisers and Dinghies

Saturday 18th JULY 2026

The Harbour, St. Andrew's Walk, Fortrose, IV10 8TP

www.chanonry.org.uk

1. RULES

The event is governed by the 'Rules' as defined in The Racing Rules of Sailing (RRS).

2. CHANGES TO SAILING INSTRUCTIONS

If there are changes to the Sailing Instructions (for example, due to adverse weather conditions) an Amendment will be posted on the notice board at the clubhouse 60 minutes before the advertised start time of the race. Any change to the schedule of races will be posted by 18:00 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located in the race office at the clubhouse and when appropriate over radio on channel M1.

3.2 A briefing will take place at 12:15.

4. PERSONAL FLOTATION DEVICES

Rule 40.1 applies.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the Starter's Box on the harbour.

5.2 When flag AP is displayed, '1 minute' is replaced with 'not less than 30 minutes' in Race Signal AP unless AP has been displayed after the warning signal.

6. SCHEDULE OF RACES

One race is planned with a combined start for Cruisers and Dinghies. The scheduled time of the warning signal for the race is 13:05 and the start 10 minutes later. There shall be no warning signal after 14:45 and predicted High water time is 16:02 BST / 4.3 m.

7. SIGN ON & OFF

7.1 All competitors must indicate that they are competing by entering their sail number, the class of boat, number of crew members and signing the appropriate column on the "SIGN ON" sheet available at the Race Office.

7.2 Immediately on coming ashore dinghy competitors must indicate that they have returned to shore by signing the appropriate column of the "SIGN ON" sheet. Cruiser competitors should do the same or alternatively sign off by radio communication with the Race Officer.

7.3 Competitors that fail to do this will be encouraged to donate to the RNLI.

8. CLASSES, CLASS FLAGS AND ORDER OF STARTS

One General Handicap start is intended using flag NP 1 as the Warning Signal.

9. COURSES

The course configuration for each class will be as shown in the Appendix to these sailing instructions. The appendix indicates the number of legs required, the order in which marks are to be passed, and the side on which each mark is to be left.

10. THE START

10.1 The starting line is defined as a line between the flagpole at the Starter's Box and the start mark named "A" in Appendix 1. The flagpole will normally be painted white.

10.2 The races shall be started as follows. This changes Rule 26.

Signal	Visual Signal and Flag	Sound	Minutes before starting signal
Warning	Class flag	1 sound	10
Preparatory	P	1 sound	5
One-minute	Preparatory flag removed	1 long sound	1
Start	Class flag removed	1 long sound	0

10.3 Attention may be drawn to the fact that a starting sequence is about to begin by a series of short sounds shortly before the Warning signal.

10.4 If there is a General Recall (First Substitute with two sounds) the Warning signal for the new start shall be made one minute after the First Substitute is removed (one sound).

10.5 Boats attempting to start later than 15 minutes after their starting signal will be scored "Did Not Start". This changes Rules A4 and A5.

11. CHANGE OF COURSE AFTER THE START

The position of mark S may be altered after the start.

12. THE FINISH

The finish line is defined as a line between the pole with a triangle at the Starter's Box and the mark named "A" in Appendix 1.

13. PENALTY SYSTEM

Rule 44.3 "Scoring Penalty" shall not apply.

14. TIME LIMIT

The time limit is 2.5 hours after the first boat sails the course and finishes or 4 hours after the start, whichever is earliest. Boats failing to finish within the time limit will be scored "Did Not Finish". This changes Rule 35.

15. PROTESTS

15.1 Protest forms are available at the Race Office in the Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.2 The protest time limit is 60 minutes after the last boat of all classes has finished the last race of the day.

15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Race Office or other location notified there.

15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under Rule 61.1(b).

15.5 A list of boats that have been penalized for breaking Rule 42 will be posted.

15.6 A request for reopening a hearing will be delivered

a) within the protest time limit if the requesting party was informed of the decision on the previous day;

b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes Rule 66.

15.7 A request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes Rule 62.2.

16. SCORING

16.1 Current Portsmouth Numbers published in YR2 will be used to calculate corrected times.

16.2 Cruisers without a published Portsmouth handicap may present a CYCA Handicap in which case this will be converted to a Portsmouth handicap according the Pete Stack conversion at www.petestack.com/sailing/apps/clydeports.html. In exceptional circumstances the Committee will issue a temporary rating on receipt of individual applications.

16.3 When all boats in a race are unable to complete the full or shortened course for any reason then, at the discretion of the Race Committee, the result of the race may be decided from the times of the boats as they completed a previous mark rounding.

17. RACE COMMITTEE

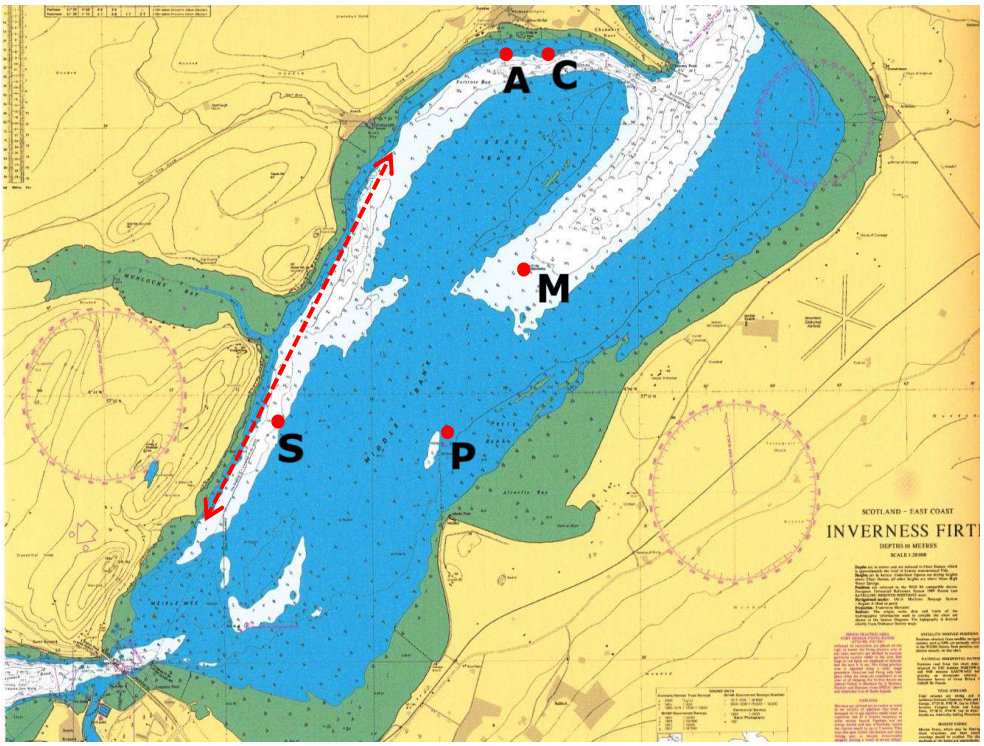
The Race Committee is those members present of the Chanonry Sailing Club committee, or the Race Officer in their absence. The Race Committee will nominate Protest Committee members as necessary.

18. PRIZES

The Ness Cup will be awarded to the first placed boat overall owned (or helmed) by a member of the Club. This excludes Temporary Memberships. Prizes will be awarded to the first, second and third placed cruisers, and for the first, second and third placed dinghies, depending on the number of entries and at the discretion of the Race Committee.

APPENDIX - COURSES

COURSE	Order of mark rounding	
1	C(s) P(s) S(s) Finish	The course to be sailed will be announced at the briefing and on the Notice Board.
2	S(p) P(p) Finish	
3	C(s) M(s) S(s) A(s) C(s) M(s) S(s) Finish	
4	S(p) M(p) C(p) A(p) S(p) M(p) C(p) Finish	

(p) = mark to port (s) = Mark to starboard

Buoy	Descriptions and Approximate Positions
A	Orange Buoy normally marked "A" off Fortrose Harbour.
C	Club race mark – orange spherical buoy
M	Munlochy Buoy – South Channel
P	Petty Bank Buoy 57°31.58'N, 04°08.98'W
S	Orange Pyramid Buoy normally laid to the west of Munlochy Bay and east of Kilmuir, off the north shore of the Inverness Firth. Exceptionally it may be laid to the north east of Munlochy Bay.